

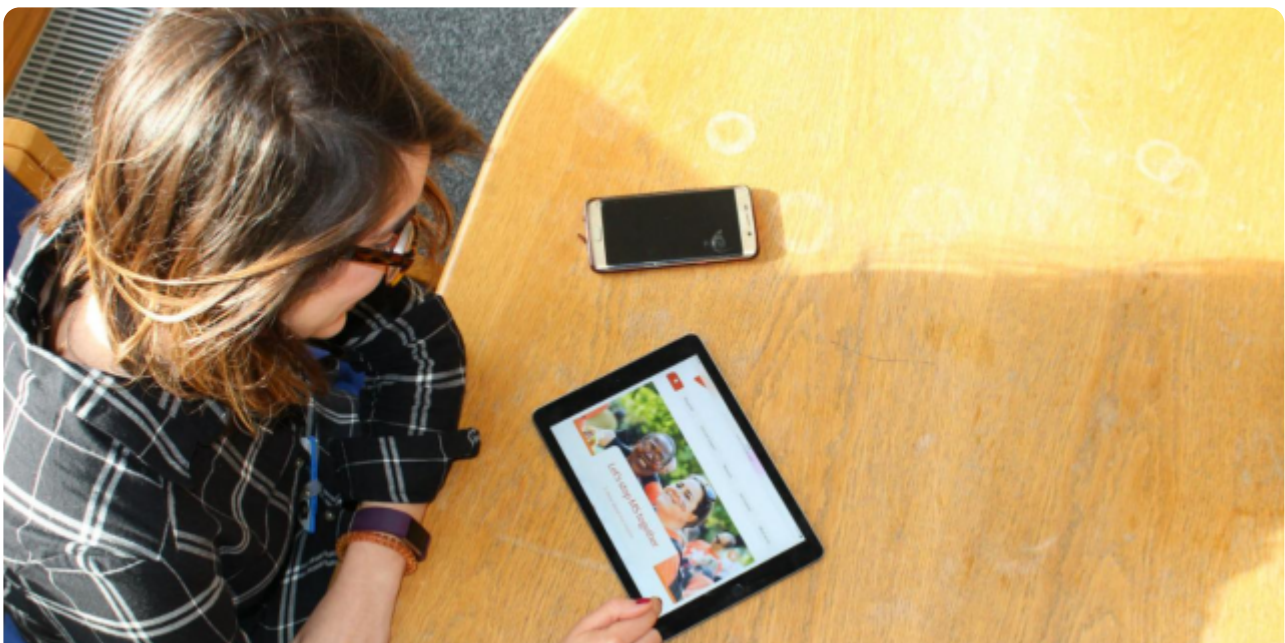
Welcome to the April 2022 issue

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Welcome to the latest issue of the 'Experts in MS' newsletter.

We know we've slipped a few days into May because of the Bank Holidays, but we've got some exciting new additions to our resources to share.



New online MS awareness e-learning

We have developed a new online course aimed at social care staff and care workers, providing support to people with MS. The course is free, with learning outcomes and content developed by people with MS and health and social care professionals, and produced in partnership with Grey Matter Learning.

The course explores the different types of MS, signs and symptoms, how MS is diagnosed and the treatments available. We look at how to support people with MS and we explore more complex cases.

An accreditation is available from Grey Matter Learning – details at the end of the course.

[Find out about the new MS e-learning →](#)



Professional Networking Day – Swansea 7 July

We are excited to launch our first ever professional networking day, taking place on July 8, at Swansea Bay University campus. We are running alongside the MS Frontiers conference taking place 7 and 8 July.

With the theme of 'Learning into Practice' the day will showcase new services and new ways of delivering services, based on understanding unmet need and using insight, patient experience and research to develop new responses. Practical workshop sessions will enable professionals to learn from one another and think about how to bring about change in

their own services.

Find out more about the day and sign up for your ticket.

[Get your ticket →](#)



Movement For All - resource packs

The Richmond Group of Charities is a coalition of the leading health and social care organisations in the voluntary sector.

The **Physical Activity and Long Term Health Condition Resource Packs** are toolkits aimed at the sport and physical activity sector, health and care organisations and the health and care workforce that:

1. outline four ways to make a difference and help people with long term health conditions be more active
2. provide a summary of useful statistics and essential information about physical activity and long term health conditions including why it's important to engage with this issue and how supporting people to be active can help organisations
3. provide tailored resources and case studies that give examples of how to act upon the information in practice.

[Download the resource packs here →](#)

FES information pack & webinar

We have created a new FES information pack to support you in setting up a local FES service. Functional Electrical Stimulation is a treatment used to stimulate movement in weakened or paralysed muscles and has been proven to improve the lives of many people with MS, BUT is not being funded consistently across the UK.

We have also partnered with the International FES Society to deliver a webinar 'How to establish an FES service'

[Download the pack and watch the webinar →](#)

Get in touch and spread the word!

We want to hear from you. If you want to spotlight your services, have ideas for content, would like to submit articles, or have any questions about the network, email the team at professionalnetwork@mssociety.org.uk.

Please do share the Network with a friend or colleague, it's very easy to sign up - mssociety.org.uk/professionalnetwork

Let's stop MS together



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